

JOG-A-THON INFORMATION SHEET

1. Each lap will be approximately 1/8 mile, shorter for grades 1-4. Each runner will have approximately 15 minutes to run.
2. Pledge sheets must be brought to the school by April 25TH and presented to the check-in table prior to jogging. Parents please remember to sign the pledge sheet.
3. Please be sure the pledge sheet is completed with the name, grade, and parent's signature.
4. Joggers must report to a lap counter after each lap. All runners must have a lap card attached to their backs.
5. All students will be dismissed on time as a normal school day.
6. Water and a snack will be provided.
7. If necessary, a rain date will be announced.
8. We encourage each student to raise at least \$25.00 in pledges to meet our projected plans for field trips, gym equipment, and team equipment for the 2007-2008 school year.

Parents: Please remember to sign the permission to participate on the pledge sheet!

Volunteers will be needed for checking in runners, counting laps, and serving refreshments. Please contact Tom Van Der Bosch at 847- 854-6897 or tomv113@yahoo.com, if you are available to help. Thank you.

*****The class with the most money raised will receive an ice cream party to celebrate their accomplishments. *****